



FREE
GUIDING GOOD CHOICES
PARENTING TOGETHER SERIES
YMCA - OLYMPIA

Weekly Gatherings

January 5 - February 9, 2023

Thursdays

5:30 - 7:30 PM

Location:

Briggs YMCA

1530 Yelm Hwy SE; Olympia 98501

Virtual option available upon request

Join us for a nationally-recognized, evidence-based parenting workshop series. Topics include positive discipline tools, communication skills, child development and stress/anger management. Each of the sessions includes a **FREE MEAL**, childcare and take home practices that can be applied immediately.

For more information or to register:
www.familyess.org or
call (360) 754-7629



Washington State
Health Care Authority

**FREE FAMILY MEAL,
CHILDCARE &
DOOR PRIZES!**

**MEET & CONNECT
WITH OTHER
PARENTS**

**LEARN PRACTICAL
TOOLS, TIPS,
STRATEGIES**

